

Camp Diabetes Policy:

1. Diabetic campers must be 12 years old or greater to attend camp unless approved by Lead Camp RN.
2. Diabetic campers must have been diagnosed greater than one year prior to attending camp.
3. Diabetic campers must be determined “stable” at time of camp session by Lead Camp RN.
 - a. Parents describe camper as able to self-manage symptoms of low and high blood glucose, measure blood glucose levels independently and regularly and administer insulin medication as needed in response to blood glucose findings.
 - b. Camper does not require camp nurse reminders or supervision for diabetic management and does not require frequent diabetic nursing care or to be woken during sleeping hours for monitoring or equipment maintenance.
 - c. Camper is able to self-regulate meals and hydration.
4. Diabetic campers are encouraged to wear a medical ID bracelet at all times. Mountain Camp recommends www.roadid.com for affordable purchase options.
5. Camp nurse is available as a resource to diabetic campers for refrigerated juice or glucose products, support during insulin administration, sharps disposal, communication with parents as needed and episodes of uncontrolled symptoms.
6. Camp nurse will activate local Emergency Medical System for any signs of uncontrolled diabetic signs and symptoms, up to and including extreme fatigue, dehydration, low and/or high glucose levels, confusion, and unresponsiveness.

Camp Gastrointestinal (GI) Illness Policy:

1. When camper presents with vomiting, diarrhea and/or stomach pain, the camper and their belongings will be sequestered to infirmary or tent. If symptoms of illness continue past 24 hours, camper will be sent home (unless camper is not from USA).
2. Campers who display some but not all GI symptoms will be sequestered to infirmary or tent and monitored until camp nurse can establish decreased suspicion of Norovirus.
3. Parents of campers with active or suspected GI symptoms will be contacted immediately.

Camp Allergy Policy:

1. Mountain Camp is very committed to providing a safe environment for our campers. Our kitchen staff is made aware of any and all camper food allergies and sensitivities, and then food choices are provided accordingly.
2. Epi-Pens are kept in the centralized Infirmary and at the major activity sites. The EMS system will be activated if an allergic reaction occurs.
3. Campers with severe allergies are encouraged to wear a medical ID bracelet at all times. Mountain Camp recommends www.roadid.com for affordable purchase options.